

# Intervention Delivery Steps to Follow:

1

## Barrier Chat

- Get to know your patient
- Find out what's stopped them from visiting the dentist in the past
- Make them feel comfortable, ask lots of open questions

*"What's stopped you from going to the dentist in the past?"*

2

## Show Barrier Video

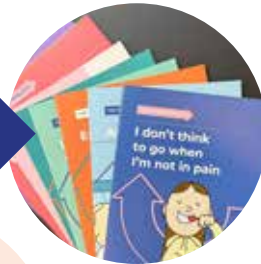
- Show the video on the tablet
- Ask the patient: *"What did you think about the video? Did you relate to it?"*



3

## Read Barrier Booklet

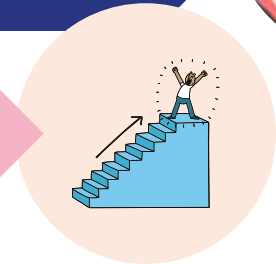
- Select relevant information from the booklet to go through
- Use your own experiences as a dental nurse too



4

## Make a Goal & Plan

- Work with the patient make a goal and plan, using their words
- Make the goal and plan fit in with the patient's life



5

## Provide Encouragement

- Let the patient know you believe they can reach their goals
- Tell the patient this has been a great first step for them

*"You've done so well making your goal. I believe you'll stick to it"*